

# FLAVORS OF PARAGUAY

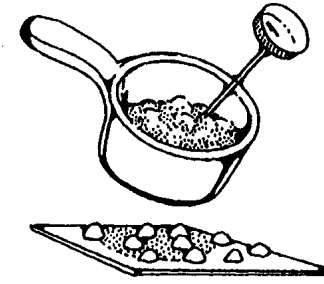
## A COOKBOOK

101 AUTHENTIC PARAGUAYAN RECIPES



WRITTEN AND EDITED  
BY  
LYNN VAN HOUTEN

ANTEATER .....PRESS  
Petaluma, CA



### DULCE DE MIEL Y MANÍ (Honey and Peanut Candy)

2 cups of honey (sugar cane preferred)  
1 lb of toasted peanuts

Heat the honey to boiling stirring until you can see the bottom of the pot. Add the peanuts slowly a small amount at a time. Cook a few more minutes. Put mixture in shallow wet molds. Cool before removing from the molds.

translated from: Aquino, Josefina Velilla de. *Tembiu Paraguai: Comida Paraguaya* 11<sup>th</sup> ed., Asunston, Editora Litocolor, 1995, p.57.

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