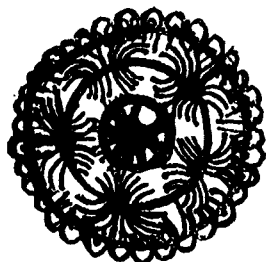



# FLAVORS OF PARAGUAY

## A COOKBOOK

101 AUTHENTIC PARAGUAYAN RECIPES



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ANTEATER .....PRESS  
Petaluma, CA

### CREMA DE MANGO VERDE (Green Mango Cream)

12 green mangos  
4 cups water  
1 ½ cup of sugar  
1 teaspoon vanilla

Peel the mangos. Put them in covered saucepan with water. Boil mangos until they fall apart. Pass them through a sieve removing the pits. Now add sugar and vanilla. Stir continually on low heat until thickened. Put in champagne glasses or small bowls. Serve topped with ice cream or whipped cream.

translated from: Aquino, Josefina Velilla de. *Tembiu Paraguai: Comida Paraguaya* 11<sup>th</sup> ed., Asunsion, Editora Litocolor, 1995, p.112.

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